



CARE NET

PREGNANCY CENTER
OF THE HUDSON VALLEY

FastFacts

Empowering people to make life-affirming decisions

Quick Summary

Care Net Pregnancy Center of the Hudson Valley is a not-for-profit organization serving Dutchess County by providing:

- Support for women and men facing unexpected pregnancies
- Medically accurate facts about abortion procedures and risks
- Patient legal rights
- Free pregnancy tests
- Referrals for free ultrasounds to confirm pregnancy
- Pregnancy options coaching
- Abortion Pill Reversal referrals
- On-site group and mobile self-paced Parenting Classes
- Earn While You Learn mentor supported parenting program
- Make A Way Boutique
- Adoption option information and referrals
- Referrals for housing, medical care, job training, social services and family support
- Sexual Risk Avoidance education
- Abortion Recovery Support Groups that facilitate healing for those suffering from past abortion experiences

Care Net Pregnancy Center was founded in 1986 and is affiliated with three national organizations: Care Net, NIFLA (National Institute of Family and Life Advocates) and Heartbeat International. These affiliations provide us with sourced educational materials that are medically accurate and evidence-based, ongoing training for board, staff and volunteers, legal guidance and information. All affiliated pregnancy centers have pledged to uphold the standards of Commitment of Care and Competence.

We believe that women deserve a safe space to make decisions about their pregnancy and health without pressure, coercion or manipulation. No matter what circumstances bring them through Care Net's doors, our holistic and compassionate services equip our clients to make informed and empowered decisions for themselves and their future.

Care Net Pregnancy Center is a 501(c)(3) non-profit faith-based organization. Community support ensures our ability to meet the needs of local women and men facing unexpected pregnancies. We are 100% funded through the generosity of individuals, businesses, and organizations in our community. All donations are tax-deductible as allowed by law.

ALL SERVICES ARE FREE AND CONFIDENTIAL

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